



SAINT JOSEPH COLLEGE

CONNECTICUT

Health Requirements

All full time and part time matriculated students born after 12/31/56 must provide Health Services proof of immunity for Rubeola (Measles) and Rubella (German Measles). Requirements can be fulfilled as follows:

Two Rubeola or MMR vaccines

1. The first after 1/1/69 and after the first birthday
2. The second after 1/1/80

AND

If no MMR, one Rubella vaccine given after the first birthday and 1/1/80

OR

Students who do not have vaccination records for Rubella, Rubeola or MMR can verify immunity by lab testing. Contact your primary care provider or consult with the Health Services office or web page for more information about obtaining lab tests.

Meningitis vaccine

All resident students are required to provide a record of Meningitis vaccination prior to moving onto campus.

Other recommended vaccinations

The Hepatitis B vaccine is recommended for college students especially athletes and those in pre-professional programs where exposure to blood or bodily fluids is a likely or anticipated event. The chickenpox or Varicella vaccine is recommended for students who have not had the chickenpox illness. Nursing and dietetics students must demonstrate Varicella immunity by: disease history, vaccination record or lab testing. Nursing and dietetics students are also required to submit a record of tuberculosis skin testing at enrollment and annually when performing clinical rotations.

Physical Examination

All full-time undergraduate students are required to submit a health history and a record of a physical examination performed by the student's own provider within the prior 12 months. This form should be sent to Health Services by August 15th (fall) and January 3rd (spring). Transfer students can submit a record of physical examination submitted to a prior college (if less than 2 years ago). Graduate and Adult Learner Program students (except nursing and dietetic students) are not required to provide history and physical records unless they intend to utilize Saint Joseph College Health Services for health care while on campus. **Intercollegiate athletes** must also submit a pre-participation physical exam form.

Insurance

All full-time, residential and/or international students are required to present proof of health insurance coverage. A charge for student insurance is applied to the accounts of all students in these categories. Students may waive the plan offered by the college if they are covered by a comparable plan; if the waiver is received before the designated deadline the charge will be removed from the student's account. For treatment purposes, students also need to make sure a current copy of their health insurance card is on file in Health Services. Part-time (6 or more credits) and graduate students may elect to enroll in the student insurance plan. Enrollment for these groups is done directly with the insurance provider.

Please return health forms to:

Saint Joseph College
Health Services
1678 Asylum Avenue
West Hartford, CT 06117
Phone: 860.231.5530 Fax: 860.231.6794