

## **Graduate Certificate in Spirituality The Counseling Institute**

*“This certificate appeals to the helping professional who works with psychological concerns and now desires to broaden this area in the ways of spiritual wholeness and well being.”*

*- Reverend Charles Topper, Ph.D.*

The Counseling Institute at Saint Joseph College offers an intensive graduate-level certificate program in spirituality. It is specifically designed for professionals interested in integrating spirituality into their counseling practice. Based on Institute’s theoretical integration of mind, body and spirit, the program is ideally suited for professional counselors, social workers, hospice and health care workers, church and pastoral professionals, leaders in whole person health, and volunteers in helping organizations. The graduate certificate in spirituality offers:

### **A Cutting-edge Curriculum**

This 18-credit course of study offers a challenging curriculum that integrates counseling with spirituality. Students are guided by faculty members who are practicing professionals in the fields of psychology and spirituality. Courses include:

Spiritual Care and Counseling  
Alternative Modes of Healing  
Grief, Loss, and Transition  
Spirituality of Relationship

Psychology and Spirituality  
Spiritual Assessment  
Self-Esteem and Holistic Growth  
Dreamwork in Counseling

### **A Flexible Schedule**

In order to accommodate the full-time working professional, classes are offered on evenings and weekends. Students are able to design a customized program of study in consultation with an academic advisor, one that best serves their personal and professional interests.

### **Numerous Professional and Personal Advantages**

As a student in this program, you will:

- discover spirituality as the integrating piece that heals, facilitates and completes healthy human development
- learn methods and models of spiritual development and assessment to identify clients’ spiritual needs in psychological issues
- enhance your psychological skills with skills of spiritual assessment and care
- examine areas of grief, loss, relationships, dreamwork, self-esteem, and whole person growth from a spiritual perspective

**For further information, contact The Graduate School at 860.231.5261 or visit us on the World Wide Web at [www.sjc.edu/graduate](http://www.sjc.edu/graduate).**